



# STASH

January 13, 2021

## Pine Belt Quilters 2020-2022 Officers

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### Website/Blog:

www.pinebeltquilters.com

## Greetings

In our January Zoom meeting we had John Porter, OT, of Hattiesburg Clinic, tell us about sewing ergonomics. One issue is that we don't move often enough! We need to drink more water, (then you will move!), do stretching exercises and set a timer to move around and stretch.

You have to watch Becky Goldsmith's video from January 27. She demonstrates stretches, posture and more! It goes right along with the January speaker. Our next Zoom meeting will be February 10 with speaker Leanne Green demonstrating wool felt ornaments.

## Deepest Condolences

Please keep the family of Jo Ellen Carr in your prayers. Her dad passed away on January 10<sup>th</sup>. Her mom and dad would have been married 68 years in April.

## 2022 Quilt Show & Boutique Log Cabins Theme

The quilt show is being rescheduled for 2022. We don't have a date as of yet.

## Children's Quilts No Sew Days until we have a guild meeting.

Children's Quilts should be a minimum of 40" square and a maximum of 52" x 72". The larger size quilts are needed.

Any questions, contact Kaye Christensen, 601-818-2631 or klove708@aol.com.

## Quilts of Valor

Linda Hudson has kits available for you to make a Quilt of Valor. We have a waiting list of veterans. Let's all do what we can to help these veterans, who gave so much, have a great year. Questions about QOV or picking up a kit, contact Linda Hudson at 601-408-4821 or granhudson@comcast.net.

## 2020 Quilt Challenge Update

The 2020 quilt challenge has ended. If you completed the challenge, take a picture of it and send it to pbqnewsletter@gmail.com . I will create an album on Facebook and post them in it.

Contact Betty Reid at thequiltedpetal@gmail.com for more information.

## Pine Belt Quilters FB Group for Members Only

There were a lot of questions about our members only group on FB. I hope this will answer them.

There are two stipulations to join the group, 1) be a paid member for 2021, 2) join Facebook in order to join the group.

A few invitations were sent out. If you did not receive one, search on FB for 'Pine Belt Quilters Members Only Group'. Click on Join Group and answer the question that will come up. If you are not a current member, you will not be approved.

You will not have access to the group unless you are on Facebook. The group is a private group and no one will be able to see anything on it unless they are a member of the Facebook group. Any questions, contact pbqnewsletter@gmail.com.

## February Birthdays & Reminders

Tina Dickens - 2  
Anne Esteve - 2

Dorothy Williamson - 2  
Betty Bingham - 6

Linda Flanders - 10  
Vivian Plummer - 28

Happy birthday to our February birthday members! God bless you with many more!

February 6 – National QOV Sew Day at The Stitchin Post, 10-3. Bring machine and sewing supplies. Blocks to sew will be provided. Lunch with be gumbo, red beans & rice and king cake. We will be presenting Marietta Johnson's QOV around 11. Wear your patriotic colors and join us!  
February 10 - 9:30, Zoom guild meeting with speaker Leanne Green. A link will be emailed.  
February: Children's Quilts Sew Day are canceled.  
Quilt of Valor Sew Days have resumed. Contact Linda at 601-408-4821 for more info.

If you have any pillows, receiving blankets, etc., take them to Joe Bingham and he will get them delivered

### Newsletter Submission Information

If you have any information, dates for guild activities, project links, etc. that need to go in the newsletter OR events for Facebook, send them to the newsletter email at [pbqnewsletter@gmail.com](mailto:pbqnewsletter@gmail.com). Thank you so much for helping me out with this. ~Jo Ellen

### Wool felt ornaments for February Zoom Meeting

